



# Missouri Department of **MENTAL HEALTH**

SERVE  
EMPOWER  
SUPPORT

**FISCAL YEAR 2024  
ANNUAL REPORT**

## Mental Health Commissioners

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## Table of Contents

About the Department of Mental Health.....	3
DMH Budget.....	4
Division of Administrative Services.....	6
Division of Behavioral Health.....	6
Division of Developmental Disabilities .....	7

## About the Department of Mental Health

### Mission, Vision, and Values

#### Mission

Serving, empowering, and supporting Missourians to live their best lives.

#### Vision

Missourians are safe, valued, and supported community members.

#### Core Values

Accountability  
Collaboration

Empathy  
Excellence

Inclusion  
Innovation

Responsiveness  
Transparency

### Guiding Principles

#### **Safety is central to a person's physical, mental, and emotional well-being.**

DMH fosters safe environments for individuals and staff by modeling and encouraging safe and healthy behaviors and practices.

#### **Every person has value and should be respected.**

DMH upholds personal dignity and allows for individual choice and control, whenever safely possible.

#### **Evidence-based practices are key to success.**

DMH adopts evidence-based or emerging best practices across all programs.

#### **Data and performance will drive decisions.**

DMH collects, analyzes, shares, and uses data to inform decisions, policies, programs and practices.

## Overview

State law provides three principal missions for the Department of Mental Health:

- (1) Prevention of mental disorders, developmental disabilities, substance use disorders, and compulsive gambling;
- (2) Treatment, habilitation, and rehabilitation of Missourians who have those conditions; and
- (3) Improvement of public understanding and attitudes about mental disorders, developmental disabilities, and addictive disorders.

## Mental Health Commission

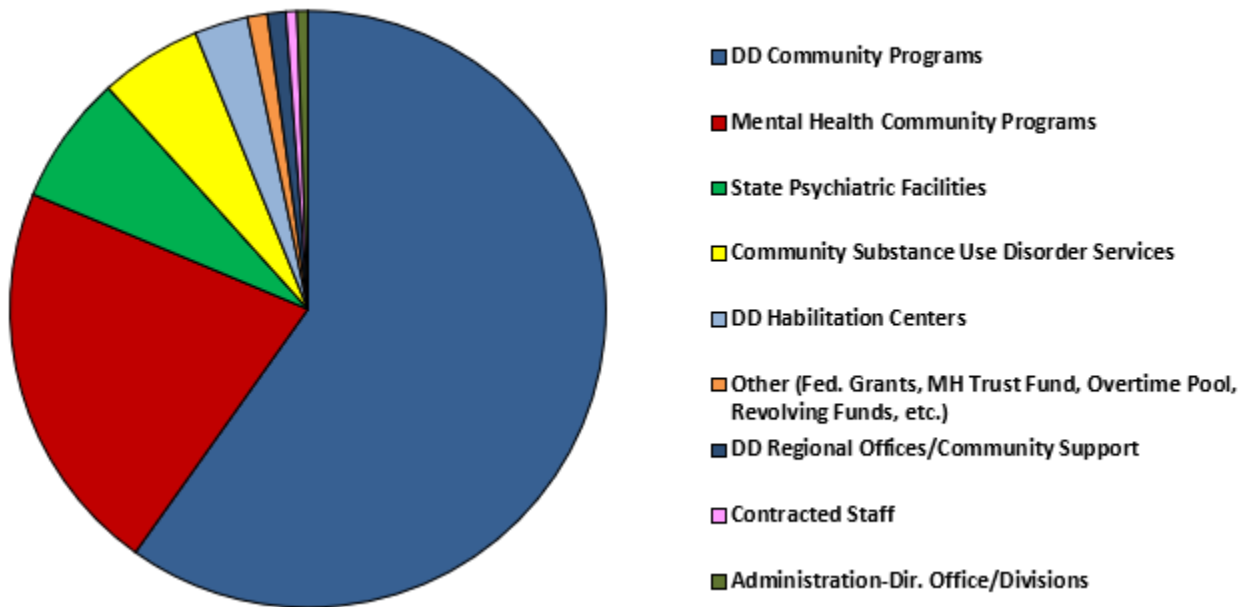
The Mental Health Commission, composed of seven members, appoints the director of the Department of Mental Health with confirmation of the State Senate. The Commissioners are appointed to four-year terms by the Governor, again with the confirmation of the Senate. Commissioners serve as principal policy advisers to the department director. The Commission, by law, must include individuals who represent Missourians with mental illness, developmental disabilities, and substance use disorders and who have expertise in general business matters.

The [Department of Mental Health](#) (DMH) is comprised of three divisions that serve more than 170,000 Missourians annually: Division of Administrative Services, Division of Behavioral Health (DBH), and Division of Developmental Disabilities (DD).

## Fiscal Year 2024 DMH Budget by Program Category

Budget Category	Amount	% Total	FTE
DD Community Programs	\$2.183 billion	59.83%	25 FTE
Mental Health Community Programs	\$783 million	21.46%	30 FTE
State Psychiatric Facilities	\$256 million	7.00%	3,819 FTE
Community Substance Use Disorder Services	\$202 million	5.54%	29 FTE
DD Habilitation Centers	\$106 million	2.90%	2,395 FTE
Other: (Federal Grants, Mental Health Trust Fund, Overtime Pool, Federal Revolving funds, etc.)	\$39 million	1.08%	10 FTE
DD Regional Offices/Community Support	\$36.3 million	1.00%	688 FTE
Contracted Staffing	\$22 million	0.60%	0 FTE
Administration - Director's Office/Divisions	\$22 million	0.59%	223 FTE
TOTALS	\$3.649 billion	100.0%	7,219 FTE

## DMH FY 2024 BUDGET - ALL FUNDS



- DMH generates \$386 million per year in reimbursements from Medicaid, Medicare, Disproportionate Share Hospital (DSH) and other third party pay.
- Approximately 66% of all DMH General Revenue funding is used as match for DMH services funded through the Medicaid program.

Several support units assist the department and division directors in implementing DMH's programs and services. They include:

1. Investigations, Deaf Services, Office of Constituent Services, Licensure and Certification
2. Information Systems
3. Office of Public and Legislative Affairs (includes Disaster Services)
4. Human Resources
5. General Counsel (Regulations, Hearings and Appeals)

DMH makes services available through state-operated facilities and contracts with non-profit and private sector organizations and individuals. The state-operated facilities include five adult forensic psychiatric hospitals and one children's psychiatric facility. In addition, four habilitation centers, three community support agencies, one crisis community support agency, five regional offices and six satellite offices serve individuals with developmental disabilities. DMH also purchases services from a variety of privately operated programs statewide through approximately 1,300 contracts.

## Division of Administrative Services

The Division of Administrative Services includes the following units:

1. **Accounting:** Oversees and monitors all funds, manages expenditures, administers grant funds, and produces fiscal summaries, analyses, and reports.
2. **Purchasing and General Services:** Establishes and administers contracts with private agencies or individuals to provide services in the community and is also responsible for various General Services functions in central office.
3. **Budget and Finance:** Develops and monitors the annual budget, oversees the legislative fiscal note process, provides expenditure oversight, analyzes, and compiles financial and other related reports.
4. **Reimbursements:** Collects payments from private insurance, Medicaid and Medicare, and private pay for department services and coordinates revenue maximization activities.
5. **Medicaid:** Directs Medicaid issues for DMH. Responsibilities include assisting the program divisions in developing and implementing new Medicaid covered programs, interpreting and ensuring compliance with Medicaid state plans and federal regulations, and initiating and implementing revenue maximization strategies. The section also works closely with the Department of Social Services/MO HealthNet Division and Medicaid legal consultants.
6. **ITSD Director/Liaison:** Serves as a go-between DMH and OA-ITSD and works with DMH senior management and senior IT staff to develop and implement the DMH IT vision and makes recommendations for the DMH IT systems. This section also oversees the implementation of a department-wide Electronic Health Record.

## Division of Behavioral Health

The Division of Behavioral Health (DBH) manages programs and services for individuals who need help for mental illnesses and/or substance use disorders. Services available include evaluation, crisis intervention, crisis diversion, treatment, rehabilitation, recovery supports, family and youth peer support, prevention, education, and mental health promotion. Additional information on [Treatment Services](#), [Prevention Services](#), and [Recovery Support Services](#) is available on the [DMH website](#).

Most prevention, treatment, and recovery services are provided by community-based organizations that have contracts with DBH. These programs must meet federal and state requirements to provide mental health and substance use disorder services.

Those who have priority for mental health services are:

- Individuals with serious mental illness,
- Individuals and families in crisis,
- Individuals with mental illness who are homeless,
- Individuals committed for treatment by the court system, and
- Children with severe emotional disturbances.

For substance use disorder treatment, priority is given to:

- Pregnant women,
- Individuals who inject drugs, and
- Specific referrals from other state agencies.

These services help make communities safer by getting individuals the help they need. Services also ensure the use of appropriate resources, which can reduce emergency room visits and involvement with law enforcement.

### State Operated Psychiatric Hospitals and Facilities

DBH, upon orders from circuit courts, provides pretrial evaluations pursuant to Chapter 552, RSMo. Evaluations must be completed by certified forensic examiners who have very specific qualifications. The adult psychiatric facilities provide competency restoration services, as well as long-term care to individuals found permanently incompetent to stand trial. Under Chapter 552, RSMo DBH is mandated to monitor individuals in forensic status who have been acquitted as not guilty by reason of mental disease or defect and given conditional release to the community by circuit courts.

Find a list of all [State Operated Psychiatric Hospitals and Facilities](#).

### Division of Developmental Disabilities

The Division of Developmental Disabilities (DD) is committed to improving the quality of life for individuals with developmental disabilities and their families. Offering support across the lifespan, DD implements a statewide system of supportive services that focus on assuring health and safety, supporting access to community participation, and increasing opportunities for meaningful employment.

DD provides services for individuals with developmental disabilities such as intellectual disabilities, cerebral palsy, Down syndrome, autism, and epilepsy. Such conditions must have occurred before age 22 and be considered lifelong in duration. Service eligibility also requires the disability to have serious impact on multiple areas of functioning.

Thousands of Missourians access person-centered supports through home and community-based service waiver settings to promote independent living. Find more information and descriptions on the [Home and Community Based Waiver Programs and Services](#) on the [DMH website](#).

Within DD, a few hundred individuals live in state-operated facilities, while most individuals live with their family or relatives and receive family support services. Many live alone in their own homes or with one or two other individuals who receive Individualized Supported Living (ISL) services.

Find the list and information on [State Operated Programs: Habilitation Centers](#).

### Regional and Satellite Offices

Regional and Satellite Offices are the entry point into the DD service system. There are five regional office sites supported by six satellite locations. A list of the Regional and Satellite Offices can be found on the website under [Regional Offices](#).

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The info graphic document attached is the FY 2024 Annual Report-Strategic Directions 2022-2027, which has eight themes outlining many of DMH's processes and outcome measurements. The themes are Workforce, Mental Well-being, Technology, Quality Outcomes, Capacity and Infrastructure, Children's Services and Supports, Independence and Self-sufficiency, and Operational Excellence.



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The Department of Mental Health is an Equal Opportunity Employer; services provided on a nondiscriminatory basis.